



# MIDDLE SCHOOL LUNCH MENU

Lunch Prices  
Paid: \$2.85

## Available Daily

### Pizza

Plain & Pepperoni

### Grill

Hamburger

Cheeseburger

Chicken Patty

Spicy Chicken Patty

Chicken Nuggets,

Chicken Crispito, or Corn Dog

### Grab & Go

Uncrustables PB&J (v)

Triple Decker PB&J (v)

BYO Pepperoni Pizza Bagel

Yogurt Pretzel Snack Pack (v)

### Deli & Salad

May Consist Of:

Ham or Turkey Sandwich

Garden, Popcorn Chicken or

Chicken Caesar Salad

with **NEW** Weekly Features

### Fruits & Veggies

Apples, Oranges

Raisins & Baby Carrots

### 100% Fruit Juices

Apple & Orange

### Milk

Skim White, Skim Chocolate,

Skim Strawberry & 1% White

Menus are subject to change without notice.

MON	TUES	WED	THURS	FRI
 <p>Don't forget to celebrate <b>National School Breakfast Week</b> March 4<sup>th</sup> – 8<sup>th</sup> The best part, breakfast is <b>FREE</b></p>	<p>We work with these companies that your family knows &amp; trusts, to serve the highest quality products, formulated specifically for K-12.</p>           			<p><b>Waffle Bar (v)</b> <sup>1</sup> with Sausage</p> <p>Pears Black Beans Celery Sticks</p>
<p><b>Chicken Parmesan Sandwich</b> <sup>4</sup></p> <p>Applesauce Green Beans Grape Tomatoes</p>	<p><b>Buffalo Chicken Ranch Wrap with Fries</b> <sup>5</sup></p> <p>Mixed Fruit Curly Fries Cucumbers</p>	<p><b>Doritos Walking Taco with Beef &amp; a Cinnamon Churro</b> <sup>6</sup></p> <p>Banana Black Beans Side Salad</p>	<p><b>Chicken Mashed Potato Bowl with a Biscuit</b> <sup>7</sup></p> <p>Apple Slices Corn Pepper Strips</p>	<p><b>National Meatball Day</b> <sup>8</sup> <b>Spaghetti Marinara (v) with Meatballs &amp; Texas Toast</b></p>  <p>Pears Roasted Carrots Celery Sticks</p>
<p><b>Pizza Dippers with Marinara Sauce (v)</b> <sup>11</sup></p> <p>Applesauce Green Beans Grape Tomatoes</p>	<p><b>BBQ Chicken Tender Sub Melt with Fries</b> <sup>12</sup></p> <p>Mixed Fruit Crinkle Cut Fries Cucumbers</p>	<p><b>Spicy Chicken Mole Tacos</b> <sup>13</sup></p> <p>Banana Black Beans Side Salad</p>	<p><b>Buffalo Popcorn Chicken Mac &amp; Cheese with Parm Flatbread</b> <sup>14</sup></p> <p>Apple Slices Steamed Broccoli Pepper Strips</p>	<p><b>Pancakes (v) with Sausage</b> <sup>15</sup></p> <p>Pears Corn Celery Sticks</p>
<p><b>Mozzarella Sticks with Marinara Sauce (v)</b> <sup>18</sup></p> <p>Applesauce Green Beans Grape Tomatoes</p>	<p><b>Mini Corn Dogs with Fries</b> <sup>19</sup></p> <p>Mixed Fruit Waffle Cut Fries Cucumbers</p>	<p><b>Beef Tacos with Assorted Toppings</b> <sup>20</sup></p> <p>Banana Black Beans Side Salad</p>	<p><b>Half Day</b> <sup>21</sup></p>	<p><b>French Toast (v) with Sausage</b> <sup>22</sup></p> <p>Pears Corn Celery Sticks</p>
<p><b>Meatball Sub</b> <sup>25</sup></p> <p>Applesauce Peas Grape Tomatoes</p>	<p><b>Chicken Bacon Ranch Sandwich with Fries</b> <sup>26</sup></p> <p>Mixed Fruit Crinkle Cut Fries Cucumbers</p>	<p><b>Orange Chicken with Brown Rice</b> <sup>27</sup></p> <p>Apple Slices Steamed Broccoli Pepper Strips</p>	<p><b>School Closed</b> <sup>28</sup></p>	<p><b>School Closed</b> <sup>29</sup></p>

(v) = lacto-ovo vegetarian  
may contain milk and/or eggs

For nutritional information, visit <https://bethpa.nutrislice.com/menu/>

For more information, visit us online at: <https://www.basdschools.org/dining>

## Limited Time Offer – March 13th: Spicy Chicken Mole Tacos

A meal includes an entrée, fruit and/or vegetable and choice of milk.

To make a meal, students must select from at least 3 different food groups.  
1 item must be a ½ cup of fruit or vegetable.

Meals without a fruit or vegetable, will be charged a la carte pricing.



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potential.

